

ALL DAY MENU (+ check out the Board)

Toast & Spread Sourdough White, Sourdough Multigrain, Rye, Square White, Square Multigrain, Fruit Toast (house made Jam, Marmalade, Vegemite, Evoo Flaky Salt) Gluten Free +1	6	Chilli Scrambled Eggs Sourdough, Herbed Portobello Mushroom, Fresh Rocket & Fetta	19
Granola Almond & Pepita Granola, Fruits, Greek Yoghurt, Local Honey	12	Roma Bar Omelette Mushroom, Tomato, Onion, Cheese, Ham	19
Bircher Muesli with Berries, Seeds, Local Honey	12	Vego Omelette Mushroom, Onion, Tomato, Spinach, Capsicum, Cheese	19
Overnight Oats Chia Seeds, Banana, Roasted Almond, Coconut, warm milk on the side	12	Bennies - Salmon Royal Leg Ham Benedict Spinach Florentine Bacon Bennie	19
Chilled Pandan Sago with Salty Young Coconut Milk	12	Vego Brekkie 2 Eggs your way, Chilli Beans, Mushroom, Haloumi, Spinach, Toast	19
Fruit Salad with Yoghurt & Local Honey	12	Vegan Brekkie Chilli Beans, Mushroom, Spinach, Toast	19
Banana Pancakes with Palm Syrup	13.5	The Big Brekkie 2 Eggs your way, Bacon, Sausages, Chilli Beans, Toast	19
Brekkie Board - Granola, Fruit, Avo Smash on Toast, Poached Egg, Fresh OJ	20	The Half Brekkie 1 Egg your way, 1 Bacon, 1 Grilled Tomato, 1 Toast	13
Avo & Fetta Smash Sourdough with Leg Ham or Smoked Salmon (add egg + 3.50 each)	18	2 Eggs Your Way Poached, Scrambled or Fried, Toast	12
Indian Breakfast Dahl, Roti, Yoghurt, Lime Pickle	17		

KIDS

Mini Pancakes with Fruit & Honey	9
Avo Smash Multigrain Toast & Bacon Bits	9

SOMETHING MORE

Fish Taco Grilled Local Fish, Tomato Salsa, Guacamole & Bonito Mayo	19
Fish Burger Goujons, Crunchy Greens and Tartare	15
Burger With The Lot Beef Patty, Bacon, Egg, Cheese, Lettuce, Tomato, Beetroot, Onion	15
Chilli Chicken Burger Grilled Tenderloins, Chilli Mayo, Salad	15
Pea And Herb Falafel in folded Pitta Bread, Humus, Salad	15
Roma Bar Salad Spinach, Anchovies, Olives, Bacon, Parmesan, Egg, oil & vinegar dressing	19
Shoestring Fries , Chipotle Mayo	6

SIDES

Extra Egg Mushrooms Baked Beans Grilled Tomatoes	3.5
Avocado Bacon Sausage Chilli Beans Haloumi Hollandaise Hash Brown	4.5
Smoked Salmon Chorizo	5.5

CLASSIC SANDWICHES

Bacon & Egg	9.5
BLT	9.5
BLAT	10.5
Ham, Cheese, Tomato	8.5
Chicken, Cheese, Avo	10.5
Salad Sandwich your choice of ham, cheese, chicken	9.5

Or build it your way & tell us what you'd like in your sandwich

Special food requirements - talk to us
10% surcharge applies on public holidays



DRINKS

COFFEE

Seven Mile Roasters signature No 5

extra shot +1 | decaf +1 | soy|almond +.5

Cappuccino Flat White Latte	4.5 5.5
Long Black Long Mac	4.5 5.5
Espresso Short Mac Piccolo	4
Cold Brew	5
Organic Hot Chocolate	4.5 5.5
Mocca	5.5 6
Affogato	5.5
Chai Latte	4.5 5.5
Dirty Chai Latte	5.5 6
Turmeric Latte with Almond Milk	5 6
Baby Chino	free

TEA

English Breakfast	4.5
Sydney Breakfast (<i>hint of bergamot</i>)	4.5
Melbourne Breakfast (<i>full bodied with vanilla</i>)	4.5
Earl Grey	4.5
Chai Tea with warm milk	4.5

HERBAL

Rooibos	4.5
Peppermint	4.5
Chamomile	4.5
Japanese Sencha Green	4.5

INFUSION

Lemongrass & Ginger	4.5
Very Berry Fruitea	4.5

HOUSE DRINKS

Jamu	5.5
Freshly Squeezed OJ (add Ginger +1)	5 8.5
Fruit Lassi	8
Mango Banana Papaya & Lime	
Homemade Sparkling Lemonade	6.5
House Blended Iced Tea Mint, Honey, Lime, Rooibos Berry, Elderflower, Rooibos	6.5
Iced Latte	7
Iced Coffee Iced Chocolate	7
Virgin Mary (<i>House Spiced Tomato Juice</i>)	8

SMOOTHIES & SHAKES

Green Smoothie Spinach, Kale, Kiwi, Mint, Pineapple, Banana	9
Market Smoothie Yummy & seasonal goodies we find at our local markets including Mango, Turmeric, Ginger, Lime, Banana, Papaya	9
Milkshake Chocolate Strawberry Vanilla Caramel	7
Kids Milkshake Chocolate Strawberry Vanilla Caramel	6
Malt +1 Extra Scoop Ice Cream +1.5	

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